<table>
<thead>
<tr>
<th>NAME</th>
<th>CARGO</th>
<th>SPINE</th>
<th>CAPE</th>
<th>TITLE</th>
<th>UPE</th>
<th>ESQUERDA</th>
<th>DIREITA</th>
<th>MESA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nome</td>
<td>Cargo</td>
<td>Spine</td>
<td>Cape</td>
<td>Title</td>
<td>Upe</td>
<td>Esquerda</td>
<td>Direita</td>
<td>Mesa</td>
</tr>
</tbody>
</table>

Legend:

- "Nome": Name
- "Cargo": Position
- "Spine": Spine
- "Cape": Cape
- "Title": Title
- "Upe": Upe
- "Esquerda": Left
- "Direita": Right
- "Mesa": Table

**Legenda:**

- Nome: Name
- Cargo: Position
- Spine: Spine
- Cape: Cape
- Title: Title
- Upe: Upe
- Esquerda: Left
- Direita: Right
- Mesa: Table

**Notes:**

- This document appears to be a model for a weekly schedule or roster, with various sections for different days of the week and time slots.
- The dates mentioned range from January 1st to December 31st, indicating a yearly calendar.
- The document includes columns for names (Nome), cargo (Cargo), spine (Spine), cape (Cape), title (Title), upe (Upe), esquerda (Left), direita (Right), and mesa (Table).

**Additional Information:**

- The document seems to be a template for assigning staff to different shifts or locations throughout the year.
- The specific roles and locations listed are placeholders and will need to be filled in with actual names and positions.

**Context:**

- This document is likely used in a healthcare or educational institution, given the use of terms like "cargo" and "mesa."